

Ferraro's Cucina

Oven Roasted Red Kuri Squash!

Ingredients

- 1 Red Kuri Squash
- Olive Oil
- Herbs & Spices
Of your choice!



Prep Time: 5 Minutes

Cook Time: 55 minutes

Total Time: 60 minutes

Preparation

Preheat oven to 425 F

Cut top off of squash

Slice squash into 8 slices!

Place on baking sheet covered in
parchment

Top with your favourite spices!
(Herbs work great - so do curried
powders!)

Bake for 55 minutes - check with fork to
ensure they are cooked through

Serve and eat!

Chefs Tip:

*Turn this into a salad! Add arugula, nuts,
fruit...top with a dressing of your choice
and goat cheese!*



*We have all the fresh ingredients for this recipe!
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